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## An Article of Footwear

## Introduction

The invention relates to an article of footwear, and specifically a slipper. In particular, the invention relates to an article of footwear which is adapted to provide heat to a users foot. The invention also relates to a method of heating a users foot using the article of footwear of the invention.

There are a number of known shoes, boots or slippers of the type having material inserts or packs in the lining or sole, which are suitable for heating. These generally fall into one of three types. The first type consists of a natural material such as corn, wheat or nuts which is housed in an encapsulant which itself can be heated, along with the shoe in which it is carried, in a microwave. One problem with this type of material is that it's heat retention characteristics are poor, as it stays warm for only about 15 minutes. Additionally, as the

natural material only holds a very small amount of

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water, the equilibrium temperature of the material

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- does not get above 80°C. Further, upon heating, the 3
- water can escape from the natural material as water 4
- vapour resulting in a decrease in the amount of 5
- water over time and a consequential decrease in the 6
- equilibrium temperature of the material. Further, 7
- the nature of the material is such as to give off an 8
- odour during heating which for most people is 9
- unacceptable. A further, major, drawback of these 10
- types of products is that bunching can occur, this 11
- being the natural tendency of the material when 12
- agitated to migrate into low pressure areas of the 13
- 14 article of footwear. Generally these areas are ones
- 15 which do not require heat.

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- A further type of microwaveable insert comprises the 17
- use of a dessicant instead of a natural material. 18
- While the use of a dessicant overcomes the odour 19
- problem, it has been found to be ineffective in 20
- overcoming the heat retention or bunching problem. 21
- The heat retention problem is due, in part, to the 22
- small amounts of water that dessicant can hold. 23

- A further type of microwaveable insert for shoes and 25
- slippers comprises an encapsulated gel. Generally 26
- these gels include a thickening agent, normally a 27
- super absorbent polymer. Due to the presence of a 28
- thickening agent, the gels have a very poor thermal 29
- conductivity, due to the fact that the liquid cannot 30
- generate convective currents. Thus, when heated in a 31
- microwave, hot spots can occur within the insert. 32

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Due to the poor thermal conductivity within such 1 products, it is generally necessary when microwaving 2 the insert to microwave it for a period of time on 3 one side, and then turn the product over and 4 5 microwave it for a further period of time, with a view to homogenising the amount of heat dissipated Ğ 7 from the surfaces of the insert. Often, to sufficiently microwave one of these products, three 8 or more microwaving steps are required. 9 10 International Patent Application Number WO94/28834 11 in the name of JMK International Inc. describes (in 12 Figures 3 and 4) a microwaveable slipper. The 13 slipper comprises a number of microwaveable heating 14 pads which are integrally built into the sole and 15

16 upper portion of the shoe. As such, in order to heat

17 the product it is necessary to insert the whole

18 product into a microwave.

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## 20 Statements of Invention

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22 Surprisingly, the Applicant has realised a number of

- 23 problems inherent in using the slipper disclosed in
- 24 International Patent Application WO94/28843. A first
- 25 problem is the problem of malodour being produced as
- 26 a result of microwaving the whole slipper. As will
- 27 be readily evident to the reader, as a user
- 28 generally uses a slipper without socks, the slippers
- 29 are prone to becoming soiled with sweat, dirt from
- 30 the users feet, dead skin etc. Thus, when the
- 31 slipper is heated, it is prone to producing a bad
- 32 smell. This problem is further exacerbated by the

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fact that most microwaves are predominantly used to 1 heat or reheat food products. As such, one would be 2 quite disinclined to place a food product in a 3 microwave which had just been used to heat a 4 slipper. Likewise, if the sole of the slipper has 5 picked up any dirt, it is likely that the user will 6 be less inclined to place it in a microwave. 7 8 Accordingly, the invention provides an article of 9 footwear comprising an upper portion and a sole 10 portion, the sole portion being connectable to the 11 upper portion and including a pocket for receipt of 12 a microwaveable heating pad, wherein the article is 13 adapted for removal and insertion of the heating 14 pad. 15 16 Thus, an article of footwear according to the 17 invention obviates the problems described above due 18 to the fact that the microwaveable heating pad may 19 be easily removed from the article of footwear and 20 placed into the microwave for heating in the absense 21 of the article of footwear. 22 23 In a preferable embodiment of the invention, the 24 upper portion and the sole portion are detachable 25 along at least a portion of a circumference of the 26 article to allow access to the pocket for insertion 27 and removal of the microwaveable heating pad. 28 In one embodiment of the invention, the upper

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portion and the sole portion are connected by means 31

of a detachable fastener, such as, for example, a 32

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- zip. Many other types of detachable fasteners are
  envisaged such as, for example, velcro, a hook and
- 3 eye arrangement, buttons, press studs, and the like.
- 4 In one embodiment of the invention, the openable
- 5 fastener extends completely around the circumference
- 6 of the article of footwear. Alternatively, the
- 7 openable fastener may only extend along a portion of
- 8 the article of footwear, such as, for example around
- 9 a heel of the article of footwear.

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- 11 In one embodiment of the invention the pocket is
- 12 dimensioned for receipt of an insole-sized
- 13 microwaveable heating pad.

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- 15 Typically, the upper portion is adapted to at least
- 16 partially enclose a users foot, and includes a base
- 17 upon which, in use, a users foot rests. Generally,
- 18 the base is formed from a fabric material.

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- 20 In one particularly preferred embodiment of the
- 21 invention, the article of footwear includes a solid,
- 22 microwaveable, heating pad which is dimensioned to
- 23 fit into the pocket of the article of footwear.

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- 25 In one embodiment, the heating pad comprises a
- 26 mixture or ferrite and silicone. Typically, the
- 27 heating pad comprises a mixture of ferrite and
- 28 silicone in a ratio of between 4:1 and 1:4 (W/W).
- 29 In a preferred embodiment, the ratio of ferrite and
- 30 silicone is approximately 2:1 (W/W).

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1 Preferably the sole portion of the article of

- 2 footwear includes an insulating layer located
- 3 underneath the pocket. Typically the insulating
- 4 layer comprises a foam cushion. Ideally, the foam
- 5 cushion comprises EPDM foam. Suitably, the sole
- 6 portion includes an outsole. In one embodiment, the
- 7 outsole comprises a thermoplastic elastomer.

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- 9 The invention also relates to an article of footwear
- 10 comprising:
- 11 an upper portion dimensioned to at least
- 12 partially enclose a users foot;
- 13 a sole portion connectable with the upper
- 14 portion; and
- 15 a solid microwaveable insole-shaped heating pad,
- 16 wherein the sole portion includes a pocket which is
- 17 dimensioned for receipt of the heating pad and
- 18 wherein the article is adapted for removal and
- 19 insertion of the heating pad.

- 21 The invention also relates to a method of heating a
- 22 foot comprising the steps of:
- 23 providing an article of footwear according to the
- 24 invention;
- 25 removing the heating pad from the pocket of the
- 26 article of footwear;
- 27 heating the heating pad in a microwave for a
- 28 suitable amount of time;
- 29 inserting the thus-heated heating pad into the
- 30 pocket of the article of footwear; and
- 31 inserting the foot to be heated into the article
- 32 of footwear.

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1 Brief Description of the Drawings 2 3 The invention will be more clearly understood from 4 the following description of an embodiment thereof, 5 given by way of example only, with reference to the 6 accompanying drawings in which:-7 8 Fig 1a is a side elevational view of an article of 9 footwear according to the invention; 10 Fig 1b is an elevational view from an opposite side 11 of the article footwear of Fig 1a; 12 Fig 2a is a side elevational view of the article of 13 footwear of Fig 1a with the upper portion shown 14 partially detached from the sole portion revealing a 15 pocket into which a microwaveable heating pad is 16 receivable; 17 Fig 2b is a view similar to Fig 2a showing a 18 microwaveable heating pad partially inserted into 19 the pocket of the sole portion; 20 Fig 3 is an exploded view of an article of footwear 21 according to the invention; 22 Fig 4 is a plan view from above a sole portion 23 forming part of the article of footwear of Fig la; 24 25 and Fig 5 is a sectional view of the sole portion of Fig 26 4 taken along the lines V-V of Fig 4. 27 28 Referring to the drawings, and initially to Fig 1, 2 29 and 3, there is illustrated an article of footwear, 30 specifically a slipper, and indicated generally by 31 the reference numeral 1. The slipper 1 comprises an 32

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upper portion 2 which is shaped to partially enclose 1 2 a users foot, and a sole portion 3 which includes a pocket 5 for receipt of a microwaveable heating pad 3 The upper portion 2 and sole portion 3 are 4 connected by means of a detachable fastener in the 5 form of a zip 7 which extends completely around a 6 circumference of the slipper 1. 7 8 In more detail, and referring to Fig 3, the upper 9 portion 2 is formed of a thick cotton plush material 10 which at least partially encloses the users foot and 11 includes a fabric base portion 4 upon which, in use, 12 the user's foot abuts. A first part of the zip 7 13 extends round a circumference of the base 4 of the 14 15 upper portion 2. 16 The sole portion 3 comprises an outsole 10 formed of 17 a thermoplastic elastomer having a second part of 18 the zip 7 attached along an upper circumference 19 20 thereof. The sole portion 3 additionally includes 21 an EPDM cushion 11 which is located within the 22 outsole 10 and which, in use, insulates the heated 23 insole and deflects heat upwards towards a foot of a The pocket 5 for receiving the microwaveable 24 heating pad 6 is located within the sole portion 3 25 directly above the EPDM foam cushion 11. As is 26

27 clearly illustrated in Fig's 3,4 and 5, the

28 microwaveable heating pad has an insole shape and is

29 dimensioned for fitting snugly within the pocket of

30 the sole portion 3.

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1 The microwaveable heating pad 6 comprises a 2:1

- 2 (W/W) mixture of ferrite and silicone, which is
- 3 formed into the shape of an insole.

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- 5 In use and referring to Fig's 2a and 2b, the
- 6 microwaveable heating pad 6 is first removed from a
- 7 slipper 1 by opening the zip 7 to reveal the heating
- 8 pad 6 within the sole portion 3. The pad 6 is
- 9 removed from the sole portion 3 and placed in a
- 10 microwave for heating for a suitable period of time.
- 11 Thus, for example, the pad may be heated by a
- 12 microwave on full power for 30 seconds. Once heated
- 13 the pad 6 is removed by the microwave and placed
- 14 within the pocket 5 of the sole portion 3 of the
- 15 slipper 1. The pad 6 is then fixed in place within
- 16 the slipper 1 by attaching the upper portion 2 and
- 17 the sole portion 3 by means of the zip 7. The
- 18 slipper 1 may then be worn by a user to heat the
- 19 users foot.

- 21 Although the present invention is described
- 22 primarily with reference to a slipper, it will be
- 23 appreciated that the invention can be applied to any
- 24 article of footwear, such as, for example, a shoe, a
- 25 boot, a running shoe, a football boot etc.
- 26 Likewise, although the heating pad is described as
- 27 comprising a mixture of ferrite and silicone, it
- 28 will be appreciated that any other suitable solid
- 29 microwaveable material may be used without departing
- 30 from the invention. Moreover, it will be
- 31 appreciated that the openable fastener connecting
- 32 the upper portion and the sole portion does not need

1	to extend completely around the circumference of the
2	article of footwear. In this regard, an opening may
3	be provided on the article of footwear which extends
4	around only a portion of the circumference of the
5	article of footwear and through which the
6	microwaveable heating pad may be inserted into the
7	pocket. Such an opening may be closed by means of a
8	zip, or by any other suitable closure such as, for
9	example, a velcro fastener or the like.
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11	The invention is not limited to the embodiments here
12	and before described which may be varied in both
13	construction and detail without departing from the
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